LA Unscripted | December 19th, 2022

From hot spots to hidden gems It's your guide to all things L A the unscripted way from the mission in hotel and spa for its breathtaking spiral staircase exotic birds and historical bells This riverside national historical landmark is great gorgeous and all that up for the holidays Hi everyone I'm Devin and guess have been checking in here since 18 76 and you know something else genius to do And so this festive season illuminate Silver Lakes is an opportunity for families for couples really for kids to come out and enjoy a night walking around a bunch of oversized Christmas ornaments that are all lit up There's probably somewhere in the neighborhood of 50 to 80,000 lights overall In the in our illumination trail We've broken it down to three sections We have the toy land section where we have oversized you know racing car that the kids can sit in a rocket ship that they can put their head through teddy bear a penguin a snowman and then oversized ornaments and snowflakes and things like that Then you move into our electric forest That's where we have several different trees ranging from as little as 15 ft tall up to 35 ft tall You can enjoy the show moment every 15 minutes where the snow will fall as well And then you end with our Reindeer Grove and that's where we have oversized reindeer lit up with the most famous sleigh Of course in the world don't tell me I don't know how to sleigh There's also an opportunity again for them to meet Santa They can write letters to Santa if they didn't get their laundry list out in time with Santa Merry Christmas Jasmine It is so good to see you It is really good to see you You know why Because I've been good all year Now tell me how do you get around to all of those different houses on Christmas Eve My goodness It is all done with Christmas magic my dear They can also decorate Christmas cookies with Mrs I found Santa better have hi my friend How are you Hi this is well hello So Santa told me that I was nice this year Yes Yes He's checked it twice We also have craft vendors so people can come and check out different things to shop We have an assortment of food and beverages that are offered for people to enjoy And then on our main stage we have a variety of different entertainment going on We have some live bands We have kids imagination which every half hour they're doing a whole dance off party for the kids themselves We're very fortunate to be here at Silver Lakes Equestrian and Sports Complex This is our partners here that are hosting us as the venue It's a very festive very fun uh place to be able to do events We know that the economy is a little tough right now for a lot of people And so we are running

discounts right now on our website So if you go and visit Illuminate dot holiday you'll have an opportunity to be able to see the discounts that we're offering at that time In some cases up to 50% off I have had of driving the sleigh Are you looking for any new drivers No no one can handle those reindeer But me Illumination Silver Lakes is running on select nights now through December 30th Can you tell I had the best time at Illuminate Silver Lakes Another jasmine mission accomplished L A unscripted from the iconic Mission Inn and Spa is back before you can name all nine of Santa's Reindeers Welcome back to L A in scripted from the Mission in Hotel and Spa I'm de and this holiday season our lau sponsor helps Our Day Bar Did her ho ho no holiday sweater Thank you so much for your holiday shopping help It's been a dream Always I did buy a dress for the holiday party but I've been in the sweet a little much Any advice You know what It's not just the sweets from Thanksgiving till now It's like alcohol and sweet and nothing that and it's just all out of control But you know I actually do have something Skin five is a one stop shop to improve the quality of your skin and the quality of your body contour We have five different treatments for your face and five different categories of treatment for the body But today we're going to focus on the bob We're going to talk about how to maintain to be able to keep your appetite and enjoy a lot of the delicious food But to maintain that felt sexy body the quad OK So number one is get rid of the fat and we do that by Cryo Polys which is cool sculpting The second treatment is M sculpt This is muscle tightening so you can lose the fat But then if your muscles are flabby you're not going to get that nice silhouette Number three we have tissue tightening and help remove cellulite with M tone That's radio frequency heats the skin tightens up that skin envelope And finally number four which gets rid of any kind of puffiness and bloatedness is balancer pro What we do is we just expose any fat that there is and we kind of pull it up here a little bit and then put the handpiece on and then we leave it in place for 45 minutes Is this the treatment that is equivalent to like millions of sit ups It is 20,000 sit ups and a much more intense level than you would be able to do on your own in a 30 minute period Ok Doctor you know Olivia So she is here and she's so excited to try the balance or for what is she going to be doing right now Ok So you want to get into that dress You have an event in two nights right Yes Ok So this is what the balance is outstanding for is going to do the best drainage you've ever had in a 60 minute period It's like it is a lymphatic massage time 500 It's much more efficient Plus a massage just doing one area at a time Right now With this you're doing the waist you're

doing the thighs I feel like I'm in a balloon and this is the Coziest thing ever So doctor I'm coming every month How do you feel so much better It's perfect because you're here at Westfield Century City you can eat you can shop and you can come here to skin five to get the treatment You can book at skin five dot com 100% I have an idea what Let's go try your dress Oh let's go I'm so excited Sing it and we have more local deals and steals breaking news if you didn't know it already JC Penney is now in the beauty business Big time I love makeup and it's like being in a candy store It really is I mean look at all these colors They're so great I mean clearly I like that one Right JC Penney Beauty has launched this exciting new in store and online experience so you can come in the store and check out a variety of different brands and this is about no matter what your age your gender your skin tone your hair type your beauty regiment or budget is because they want you to know when you come in store and check it out online you just have this incredible shopping experience of whether it's makeup skin care nail polish fragrance they get you covered What a great gift to get some stocking stuff I mean there's and prices are so good So they feature 250 beauty brands and that includes trying to two favorites ones that you and I all know and love fresh and finds and by po founded brands I mean if you're looking for it they got it JC Penney Beauty has a lot to offer to shoppers whether it's skin care Bold Cosmetics a wide variety of fragrances and a wide assortment of nail polishes as well We also do carry brands from mass all the way to prestige So there's always something for someone and every budget and you can't forget about all the great deals that are happening now during the holidays as a Jesse Penny G advisor we are given special training to ensure we are a to recommend and service our kinds for all skin types and hair textures Not to mention Jesse Penny also has salons across 600 different stores nationwide where you're able to receive the full beauty treatment You could come in for highlights haircut straightening You could even come in just to have like some special braids done for an event best selection of colors like look at those Those are so great JC Penney is the first department store to offer both digital makeup and skin care services simultaneously through the power of A I and A are Its partner is prioritizing inclusivity by analyzing more than 120 skin metrics to provide users with an in depth analysis of their and offer beauty product recommendations and skin care tailored to their unique needs and online they've got virtual makeup try on along with a skin care quiz So you can also find specific products that meet your needs at JCP dot com I didn't even know Jason Wu had a beauty brand but I'm already in love with it

You want both of these and by the way I think these are \$12 dollars What a great way And it's so fun to like experiment with colors because makeup is like your mood of the day We offer a lot of different brands women own women of color So a lot of variety I love it because it's fun There's a lot to play with and there's always something to discover all the time Um I love cosmetics and I love skin care as well So JC Penney Beauty has a lot to offer a green thumb at Rogers Garden When unscripted from the mission in hotel and spa is back before you can untangle your Christmas tree lights He found a vessel folks he found a vessel So this is the vessel that you see in the middle Uh huh This is your artery Ok And that carries the blood flow from your heart all the way down to your toes Everyone knows the importance of heart health But today our sponsor CBI is telling us the importance of vascular health as well So C CV is one of the advanced amputation prevention center We build this place as an outpatient center to treat vascular disease and vascular problems This facility we built about two years ago and we constructed this with the needs of the patient that we can treat them as an outpatient This facility has a surgery center which treats most of the vascular disease as an outpatient setting Mainly the focus of this facility to build is to do em prevention your heart when it pumps It's got pipes everywhere Basically you know you have a big giant pipe that goes down split into two supplies your leg You have pipes that goes in your brain just like the heart arteries can cause heart attack brain arteries can cause stroke You have issues same issues you have in your leg arteries and you can have issues where eventually if it's not taken care of properly you know it can get damaged and eventually you have problem with the leg walking issues and eventually get to a point where you can may lose your legs The most common symptom is that they get calf pain or claudication while they're walking But with the little exertion if they go a little uphill they go upstairs or they get ulcers on their legs they get blue toes they get swollen legs Those are people who have venous disease they have a problem with congestion because the blood doesn't return easily And this is kind of the latest technology that's out there right This is the state of the art is the latest technology that's out there Ok So when someone sits down I was told that this is the thing right Doctor tell me about this So this is one of the stent that we place in people's artery when there is a blockage And what we are talking about is very minimally invasive therapy So this is an actual tube that goes inside your artery or a wing and then tart which comes in a tube like that and that can deliver through this small tube I can travel through your body wherever I need to go Healthy

nutrition makes a big difference Control of our sugars in terms of what we eat properly So we don't have our sugar problems and the correct medications Uh exercise definitely helps establish better and better circulation uh as well as simple uh bad habits that we have that we can quit like smoking So your diagnosis is I have excellent flowing arteries Right Exactly Yes It's considered a presidential paradise The mission in is hosted multiple us presidents All their portraits are on display here in the lobby right behind me For example Richard Patricia Nixon even said there I do here and the Reagans honeymoon at the Inland Empire Theodore Roosevelt who actually stayed in the hotel as we know it today where the bar and lounge is Hoover he actually came out here a couple of times not as president though he came out as I think Secretary of Commerce to inspect the dam that became known as Hoover Dam John F Kennedy Jerry Ford of Ronald Reagan He and Nancy Reagan Honeymoon here at the hotel Richard Nixon and he is here twice George W Bush came here and now me and tell us is on a mission at Corona Del Mar's Rogers Garden with some topiary tips We're in the holiday business and in fact most people as a garden center wouldn't know we're busier in October November December than we are in spring We'll have like 250,000 people come through our facility to experience Christmas All right He so we're at the front of the store now OK I'm so excited I'm holding your arm here Bavarian designer you said yes Bavarian So these santas are made in Bavaria They are all handmade from in the original molds They're made from Papier mache Um The artists use the original mold They're actually um vintage candy containers I just grab one and you said they're like over 100 years old every year we uh begin set up at the beginning of September Our inventory all comes over wave by wave and we have a team of about um 10 people who pull this together takes us four weeks We start the process at at least a year if not two years in advance I love all of the detail on the ornaments on this tree We work with um a variety of uh family businesses in Poland The whole process of one of these ornaments can take days um you know from the blowing of the glass to the silvering Each ornament gets a coating of silver on the inside of it then painted the base color gets painted For example this one they'll paint the red on the outside and they have to wait for that to dry before they hand paint the glue lines and apply the glitter And then the last thing that goes on here would be the little Swarovski Rhinestones art culture community holidays It all comes together Thank you So much This is so beautiful from the garden to the galley Now for the men in your life Kristen Wessel from she execs is

here now for your wish list That's right Let's start with that famous expression The way to a man's heart is through salsa Famous salsa is a true authentic Hispanic salsa dating back over 100 years ago with a modern twist and it's a perfect stocking stuffer offered in mild medium and hot It has a four month shelf life and it also is non GMO and gluten free certified Next Up Coffee Fire Grounds coffee is a veteran owned brand founded by two firefighters and build on the belief that heroes deserve the very best quality coffee And so do you they grew premium 100% Colombian air roasted coffee and for every five bags of specialty coffee sold one bag is donated to a first responder Next for the chef in your life We have air hood the world's first portable range hood The innovative hood reduces grease smoke and cooking odors and stops oil films from forming on surfaces It keeps the air and kitchen countertops clean while adding a non intrusive touch to any kitchen with a distinctly modern design And for the wine lover as part of the less than 1% of American wine makers who are black One is reimagining the wine experience with a collection of organic fruit and cocktail wines and creams with 13.9% A BV visit their website to get a good taste of this award winning assortment of wines that immediately scored a deal on Shark Tank and to go with the wine lover we have on there This is an Australian design glass we all made in Europe reinforced with titanium and premium quality crystal exceptional clarity and durability Now it can go in the dishwasher up to 1000 cycles without even breaking and maintaining the clarity so you can personalize it as well with initials or a special date for that extra special touch Now a company that truly cares about the environment We have Brightly they offer sustainable product recommendations content and community resources which make eco friendly living accessible to everyone Their motto is Planet over Perfection Brightly is a female founded company whose goal is to empower conscious consumers around the world Now let's switch to the women in our lives and sense is for all the health conscious women who want an easy reliable method to determine their most for all days and track their cycles simply where the hormone free and natural sensor patch in the sense that lets you know when you ovulated and when you're fertile And now many people don't know that vaginal health is actually gut health and this is a line of Bio Femme products that balances the ph in our most intimate areas They have a gel cleansing foam and dry oil and this an entirely organic line of topical products is designed to restore ph balance that alleviate painful and embarrassing symptoms Now better Homes and garden magazine named this product the best centerpiece box of 2021 Each month

subscribers receive between five and eight trade to core themed items and a beautifully designed box themed for the season as well as the holidays And we are ending with the ultimate stocking stuffer for from the makers of who brings you an extensive line of plant based non toxic odor eliminators that are guaranteed to make your life home and body smell way better Each product works to instantly eliminate 99% of even the toughest odors That is it for our must have holiday items We have an exclusive deal just for KTL A viewers You can enter KT A 20 at checkout and you can get 20% off of all these products you've seen here today You can also find more information on our website She exec dot com All right I don't have a man in my life now but I'm going to take all these products Well cheers to that as you should they say make life a mission not an intermission And that's why we invite you to go off script with us and discover all the cool hot spots and hidden gems in California mission complete here at the mission in hotel and spa Thank you guys so much for having us Where will we be next DM US your local leader because you never know what could happen We'll see you next time