

LA Unscripted | January 12th, 2023

From hot spots and hidden gems to lots of local flavor It's your guide to L A the unscripted way And tonight we're going on a so road trip grab your car keys some comfy shoes and a big appetite because we are hitting the streets from the east side to the west side for the best side of so National Geographics beyond King Tut The immersive experience is really something for all ages and we bring it here to L A for the first time right here in downtown Los Angeles This is something that I think connects with people of all ages and it really celebrates this discovery of the greatest archaeological discovery of all time This is the beginning of the exhibition You walk through this opening door here and the first thing you see is the opening of the tomb Now you've actually been in this tomb I have So what we've done here with National Geographic is put together an experience that celebrates the 100th anniversary of the discovery of the tomb that was this year 100 years ago So the objects are featured here but in a brand new way So I hope you have that same sort of excitement I just got goose bumps So I I think so the word immersive myself for 25 years and now it means these large projection shows But we've taken that idea and now created I think something quite special with more of a story line showing the great archives of National Geographic their photographs their video their film and put together something quite spectacular How long did it take to put this together Well we really had to have the right academic oversight from National Geographic We had to get the facts right Uh Even though sometimes you can say this is a Hollywood story it's a true story It's a real story So the research and the writing and the back and forth making sure everything was airtight as far as the content was most important Then the video team took over then the lighting the set designers So it was about a two year process for us to go from nothing to this king tut may have gotten lost in the pages of history And we're fascinated now with the boy king Children are of course because they can connect that you know a nine year old king I could have been king But I think now bringing in this new technology connects with young people in a brand new way Oh wow Wow that's cool Right Wow We're fascinated with how he died We know he died as a young man 17 or 18 years old But how did he die Well that research continues but this is the game that he played Senate that he played Visitors will also have the option to do the VR experience I find this fantastic I had the opportunity the honor to go into Tom myself But to now put on the headset and to put on the headphones and make

your own journey into T tomb is fantastic This is narrated by Hugh Bonneville from Downton Abbey which I think is fantastic But to be able to have this experience where you look around and you are in the tomb yourself something I think everybody's going to enjoy And we end right on the cover of a national geographic magazine All right let's head to High Park where we can grab some road snacks or the makings of an entire meal The one thing you won't get is grocery plastic Ok And are you ready to connect more with your food and the planet Well here's the place to do it Thanks to over 500 refillable goods stored in these beautiful I'm Grant Waler the store manager at re grocery So re grocery is a package free grocery store here in Los Angeles And the main idea is that people will bring in their own containers um to buy you know groceries bath and body products cleaning supplies and pretty much everything else It's a plan you know reduce reuse recycle re grocery It's sort of our mission of the stores to be as you know low waist as possible package free as possible I feel like I just stepped into the future This place is so Zen and calm I love the feeling So we have you know rices beans snacks dried fruits baking oils vinegars all sorts of stuff So I would say out of the zero waste stores around here we have a pretty great selection Walk me through the customer experience So basically you'll just take your empty containers here and we've got our waste station here So basically you just take the empty container place it on the scale there It'll show up with the weight You'll just take one of these tear tags hold it up to our reader and then just attach it to your container and this will save the weight of the empty vessel Easy peasy and plastic is such a huge problem There's so much of it Do you guys feel like you're really doing your part We keep track of our tear station up front and we've had a since we've opened over 100 and 50,000 taps on the scale up there which equates to about 15,000 pounds of packaging that we've saved from going in the landfill We're trying our best to do what we can for this It's a colossal problem but we're doing what we can I feel like this store is perfect For this neighborhood Highland Park's a really really great neighborhood It's great to be a part of this here and it's really great meeting people from the community every day And we have so many returning customers that we love so much So it's it's just a great place to be All right coming up grab lunch with Jay Z is a right and Diddy and chill out in Culver City Welcome back to our so our road trip and we are hitting the historic neighborhood of West Adams where soul food is on the menu Thanks to one man's dream I grew up in the projects in the impoverished community The options were limited The opportunity just wasn't there I

didn't have no huxtable family down the street that I go down to like the the examples were street I followed the example and I landed where everybody land in prison I did 10 out of 11 years And today we're having different conversations about me right I'm having different conversations and my legacy has changed My name is Chef Keith Corbin and I am the executive chef owner of Alta Adams restaurant and we specialize in California soul food Our food is so good because of the love that we put into it I think we took a lot of time developing these recipes and I think that it really does show in the cuisine we're definitely known for our alta fried chicken Hi my name is Ray Dubose and I'm the sous chef here at Alta West Adams I wanted to create dishes that I grew up eating soul food in a sense is it's big The collard greens I grew up eating watching my granny cook them soul food is working with what you have and really putting your heart into it We go to the farmer's market multiple times a week to source our vegetables and support our local businesses Currently our most popular cocktails here are the Angeleno Cali Christmas and the Genevieve The Genevieve is a gin based cocktail Um It features lemon juice a lavender infused simple syrup and elderflower liqueur It's garnished with a lemon peel and lavender buds And then we have the Cali Christmas It's a cranberry Hibiscus Cosmo the Angeleno It's our take on the Manhattan I get a lot of my inspiration and ideas from the kitchen Last week Chef Keith brought in a Buddhist hand and I'm in the process of turning that into Limoncello I really feel like we are a family here It really does mean a lot to me to be a black female chef in this industry and I hope that other people feel like they can do it because anyone really can be anything that they want to be Chef Keith comes from a similar background as my dad So it was very comforting for me We have like a better understanding of each other This community This neighborhood is parallel to the one I grew up with I grew up in Watts right Black and brown community So it was very important on how we came in And that was almost 2.5 years ago Now you have about 10 to 12 restaurants on this street You have a hotel you have a lot going on Some people say that we were the beginning of the change to break through and to be able to have a place that's cultivating black chefs to go out into the world and bring their knowledge bring their influence bring their culture bring what they've grew up eating what they have to this field this industry right We can change it we can definitely change it You know what he feels like pack your bags here baby believe OK that 7-Up cake was next level no joke But I got a dream for some ice cream So let's hit up Culver City where all the cool house kids I'm

Natasha founder of Cool House and Dana I dare you to come chill with us in Culver City and scoop some ice cream salmons Really iconic product is the ice cream sandwich is what we're known for I have been hearing about Cool House in Culver City for years They make these ice cream sandwiches and their monsters were definitely going with the same It's world famous It comes in this little edible paper So what you're giving people besides like this amazing ice cream but also this thought packaging What So I'm an L A native I'm actually third generation and we're actually the only national ice cream brand that's truly from L A So it's funny because Cool House a lot of people ask why the name it's after the Bauhaus design movement So that's why we have the H A US Very architectural My background's in architecture Rem Coolhaus is one of my favorite architects but then they do kind of look like little cold house So you know you got your cookie floor slab and roof and your ice cream walls Oh my God Look at these flavors Yeah we've got three cart churro dough a milkshake and fries What is that So that was like designed for I I feel like there's you know that whole covert world like dipping the fries I wanted to make sure those people felt seen you know so we made the milk flavor where we throw the fries in already And it's so good when we were starting the ice cream company The only thing we could really afford to do was an ice cream truck and we wanted to re invent it for our generation So we wanted to launch a Coachella But then when we tried to get an ice cream truck the only thing we could afford was a beat up Postal man with no engine So you know how are we going to get it to the desert We figured out that if we joined AAA Platinum we got one free 200 mile tow So the morning of Coach Ello pretended the truck broke down even though it never drove and they towed us to the desert And a legend was born Where do I start Cereal cookie Our peanut butter Captain Crunch And we're going to go for the farmer's market strawberry cheesecake dough ice cream Oh my God I'm getting like a brain free That's what I get for being greedy What does it mean to people when they find out that this is a female owned business and like you said queer owned business I think it means a lot to people when they find out I think one is about visibility My feeling is the next generation to see what's possible and realize that you can you know be anyone look like anyone and run a business and create your dream and enjoy doing it What are we doing to actually help help with our platform to give back We actually created this flavor for black girl ventures They are amazing They're an incubator for black and brown female founders And so this is kind of the newest cool house development right These are premium cones

There's no real premium cone in the whole marketplace like in the country who it tastes that Chero Natasha I don't know if you know this but some of your um ice cream is deep frosting over there check that out Yeah just might want to look at that just so you know Bananas Foster Hi Natasha Thank you Oh ok bye Ok So she made me this Fruity Pebbles sandwich with Thai tea ice cream inside Oh I still fantasize about it to this day Ok When we come back we grab a slice of glitter pizza and finish the day with the So welcome back to our ride through some of so how best east and west side spots But right now it's time to pull over a little birdie just told me that knitting is not just for grandmas anymore So I'm gonna go find out why Yay and you just do that That's what knitting is It's just making new loops from old loops The knitting tree is so many things First of all um we are a yarn store Um We're also a learning center So anything to do with the fiber arts we teach knitting crochet weaving spinning dying uh dying yarn that is And um we're also a commu kind of a community center um where people come together and they knit and crochet and do all the things together We've had so many young people coming in where we have our next generation of knitters and crocheters coming up There's been tons of uh knitwear and crochet on the runway These last couple of years there's been some tiktok influencers that have been crocheting and um they do it a little differently come at it a little bit differently This is so cute We're in Inglewood um which I saw when we first moved here was an underserved community Um in terms of just having a knit store close by knitting and crochet is for everyone Um everyone is welcome here when they come in Um We have needles and yarn for people who maybe can't afford it Um We have a mentorship program here I specialize too in people that they say oh I can't do anything with my hands Or my grandmother told me that I was such a screw up with the knitting nails And it's like no every single person can learn to knit and crochet We have beginning classes like people that know absolutely nothing about knitting and crochet That's what we welcome Mostly because we wanna make new knitters and crocheters Um We have um more advanced classes We have of technique classes like color work and maybe using beads or tapestry weaving making wall hangings We have a class called Macro Weave which is uh macro May and weaving together So I'd like to keep it interesting All right So I wore my special knitted sweater just for you And just for today you were gonna show me how to knit I'm a beginner I'm terrible at this So let's try Good luck to us Well like I said it's just muscle memory So you'll be a little clumsy at first There you go That's it And then you take it off There it is

You need your first ditch Let's try another one It's kind of a forced meditation I think that's why people relate to it so much because you're you have to be completely present and you have to kind of empty your mind and just concentrate on what you're doing at my tiny scarf You guys tiny scarf made by me you and you won't want to wait for this We're heading to Santa Monica for some glitter pizza It's really just a fun thing that we do Great for kids parties Great for Pride Month We've just been having a blast doing it for about four or five years now The glitter is totally edible FDA approved It's made for human consumption Dagwood's pizza is just the most loved mom and pop pizza shop around We've got some really fun pizzas that you're not gonna find anywhere else We've got a Korean barbecue pizza Of course the magical unicorn pizza They're so sparkly they're prepped pizza and we're just going to stare at it We're one of the first companies to appear on the show and we are really happy to be back and celebrate with some awesome magical pizza with you guys Dagwoods has been around for approximately 20 years Dagwoods for a long time has placed a big emphasis on our community We have always felt that we've got to give back to the people that come in and give to us every day We have give back nights almost every Tuesday of every month where a certain percentage of whatever uh money is made We go back to the schools We donate all of our leftover food to the homeless shelters in the area We've got gluten free options We've got plenty of sandwich options salad options pasta options We kind of run the full gamut of Italian food and it is all super good Seriously Try the lasagna It is one of the most underrated lasagnas in Los Angeles We have a great time doing what we do and we love every day of work You're pretty weird city L A and I love you for it All right we put the pedal to the metal all day So I say we hit the brakes head on into a very cool new spot that features float backs and crystal soaks I have seen this place all over social media It is the most out of this world experience yet It's right here in the heart of Santa Monica Let's go float This is intimacy a play on the word intimacy CS E A because we're all about the ocean and the healing aspects of it It is a quantum wellness studio First and foremost this was established as a float center Jen the owner she floated and she was blown away and floatation meditation as we like to call it is floating in a very short 12 inches of water more salt than the dead sea And you just get into the Zen you turn off some senses and then other senses come to life Athletes love it because it's the high concentration of salt is so good for muscles So you just floated in the water with your own self Sometimes me and myself don't get along So I don't know But I think

this would be amazing This is a place where you're going to come and use the services here to get more in touch with yourself authentically This is the post float lounge Wow that is the mother of all crystals It is Where did you get this This came from Brazil And so what is it when you touch a crystal What happens It'll magnify any intention that you have So this is our Lulu's higher realms galactic crystal Intention the Galactic Crystal Intention tubs We brought them over from Brazil and they're giant bathtubs and they're for energetic soaking The idea is that you get into this tub and you have something that you wanna manifest an intention that you wanna create for yourself Can you give me just a rough idea about prices The Galactic Crystal Intention tubs are 99 and you have the entire suite for an hour and there's also steam sauna in there The floats are 77 OK Self care for the wind You guys have to check out intimacy All right I've got a manifest so out love you guys I feel better already That is it for us east side west side we got you covered on all sides Thank you so much for watching We will see you next time