

## LA Unscripted | May 26th, 2023

From hotspots to hidden gems This is your guide to all things local The L A unscripted way giant pieces delivered for a time Take down in the valley chili spice to the max for the ultimate heat handler in bur that might for the food for you and glass park Hi What I did and we hear a unscripted never shy away from a challenge And today another unscripted wanted in on the action to take on the ultimate battle of Bitter Our style smart expert and is ready to face off with youtube sensation phase rug from mouthwatering event that left everyone speechless It's your boy Fay rug Ok And this is such a big deal I'm so lucky to be here with Brian Pr What is a Kar I like to call my content Be worth the content I do a little bit of everything I just came out with one up candy This is something we've been working on for about a year Well you've never met me but I am the sour gummy queen So it's on I'm gonna be taking you guys through the one up sour gummy So in the box comes with this bag which has the six gummies These neutralizer packets are really insane like they work like magic The objective of this challenge is you have to put these gummies in your mouth and you have to suck on them for 30 seconds That's the only way you're gonna get the full intensity of the sourness And if you could last 30 seconds without making a face you win I am trying harder than I've ever tried in my life My mom cried cannot go down Oh yeah definitely You're the coolest mom in town after this one The man in the face Iimm Wait no 30 seconds 30 seconds How can I not do this How are you doing this dam done Wait I'm so shocked Congrats You did it It's the most sour ever Something I love is you didn't just make a candy brand to make a candy brand like you really wanted a connection a social connection Oh I'm super excited We have a hashtag hashtag one up sour challenge So not only am I going to be going through the videos reacting them interacting with them We're actually going to be sending people cash prizes up to \$500 This is so exciting You're so good to your fans I brought you four of the biggest Rugrats in the world Bring them in bring them in We have Leanna Jackson Sawyer and Benny for your challenge Are you guys ready Looking good so far He's thinking no eye contact You got this lawyer tenant Nothing no eye contact Something serious Leanna sucking Ok That's not a face I don't think that was a face You won There's no face 10 seconds Oh you're close You're close Wait is he out I think Kate is out Are you out Is it let's talk about your pricing because it is quite good So it's 17 99 free shipping is such a plus And for that you get the six gummies to neutralizer so

you can have two different challenges Exactly It's pretty much two challenges in one box So 17 99 out the door So my youtube channel is Phase Rug fa Z er UG and uh and yeah if you guys want to get one up candy it's one up candy dot com Thank you Insta Instagram phase rug Tik Tok Rug Uh Thank you guys for having me It was an honor to try it with you All my rug rats all the fans and I hope you guys are excited Would you look at that on Sour Queen So has a nice ring to it doesn't it And I want in next food and competition are my two favorite things in the whole world I mean I guess my kids too but when you put a giant pizza in my face can you blame me This is actually the Guinness book of record for the world's largest deliverable pizza Oh Oh I told you my God I have never Oh baby Is it gonna fit in the dorm No it won't Oh girl I'm telling you I don't think you can get it through the door Shit Ok let me see Cute Oh my God A scripted on channel five This is uh 200 square slices Feeds about 50 70 people Tell me about the ingredients that go into something like this So this we've got £30 of dough ok £30.30 pounds of just dough £8 of pizza sauce and £15 of cheese £53.53 pounds before the topping before even the topping How did you think of this Like why Well we wanted something new something unique You different than any pizzeria So we figured let's go big Sadly we did not conquer the crust but because I will not be defined by a cheesy defeat I also challenge me to a head to head or a face to face of the viral internet food challenges So I've been dared to do some of the most insane internet food challenges and you brought me along What is this The chubby bunny We used to do these So the object is to fit as many marshmallows as possible in your mouth but you still have to be able to say the words chubby bunny Ok Ready one I have a small mouth That's not what I would think Two chubby bunny and the queen chubby bunny CB OK So now we're doing the saltine challenge So you have to eat six in a minute with no water I think I got this one Yeah All right I'm gonna start The timer Ready start I did have one You were locked on the out of 14 Welcome time We're not doing well There's 58 59 Well interesting We failed I haven't been able to swallow I know I heard that about you All right So this is the cookie challenge Get a cookie put it on your face and then try to work all your angles and your chins not yours Mine and see who gets it in their mouth first Just get another and start over OK Are you ready now Go Oh shit I thought I had something there OK OK So this is the famous Cinnamon challenge So you try to swallow a spoonful in under 60 seconds OK So wait on there because I'm here I put it in my mouth You can start to put it through it slow though It says the sun can be dangerous if there's a risk

of gagging or choking on the scent especially but wait seriously damage the lungs and you could hold on Hold on Coffee Gagging fin Yeah All right This is a double dog Dana Da OK You ready I'm ready OK It involves some Sprite a banana and then don't look a trash can because you might need it Yeah So it's this new challenge and it's really gone all over social media Do you want to see it Ok Oh Mm You ready Let her out You guys you know I discovered skills I didn't even know I had And now our lau dynamic duo J Sims and they were to are ready to take on the unscripted food challenge showdown All right Jasmine It is Finally our turn D and Megan They did OK They did they did OK But we're going to do much better at this whole food challenge thing What is our first challenge Ok Our first challenge is the powder donut challenge Do you know about this one I don't OK So you have to eat a doughnut easy No no no But you cannot lick your lips and I see all that lip gloss So I think you're gonna lose What do you mean You just can't you just eat it and you don't like but you cannot lick your lips Ok You're gonna pick for me and I'll pick for you All right one That's really powdery This one right there OK Give it to me Oh that is a powdery one That's a powdery one All right This one's powdery No dainty chewing I gotta go for it There's nothing dainty about me Do you know me I do know you I'm a beast Ok All right Do it Should we do a little cheers Yes Let's go Ready Cheers I I mean I'm not gonna lie I want to She's still so dainty about it Was that was that I didn't All right No big deal I took the first one This is going to be interesting for both of us but we have to eat six saltine crackers in 60 seconds The one the one who finishes clears their mouth First winner Are you ready I'm ready on your mark Get set Go It's so dry Is it Ok Olivia we are tied fine Uh huh Fine Tiebreaker game Ok What is it Ok This challenge with Skittles Love Yes Follow the rainbow We have to suck a Skittle through with our straw through the straw Well it's not go through the straw Ok Just suck it till it pops to the bottom Got it and you dump it on your plate Go back in we've got 60 seconds You ready Clearly we can see who won I mean I think we should still count clearly We can see who won Who know that's right 29 That was so fun Good game Dana I'm coming for you I'm coming for you Me and you Let's do it Oh bring it on Suck it up ladies I am so ready And are you guys ready for more unscripted fun Coming up The healthy vibes that have you seeing red and where you can get up close to a piece of ancient history in downtown L A summer is around the corner and that means a lot of vacation travel ahead Welcome back to scripted I'm de and according to recent reports 85% of Americans plan to get away somewhere

this next season But what if you aren't ready to fly just yet if they were to always finding some local ways to escape One of my favorite things about travel is getting to explore the history and the culture of a destination And thanks to our sponsor I got to take a step back in time without ever leaving L A The California Science Center is one of the largest science centers in the nation Our mission is to inspire curiosity and science learning for all And we do this through hands on exhibits the Maya exhibition This is an exhibition about the uh rise fall and legacy of the Maya civilization and this is a civilization that dates back 5000 years and continues today In fact today there are nearly 7 million uh Maya living in um Southern Mexico Guatemala uh other parts of Central America and in the United States So this is an actual panel with hieroglyphics on it right What do they say How do they read it Uh Yes Yeah This is a hieroglyphics uh that was found in Guatemala and this records the coronation of a new king and around in about 600 ad um The Maya is the Maya language Is it it's a base 20 Their math is base 20 So things are in base twenties So you read it you know you don't read it like we would read it you read it in these pairs So you would read it down one panel then another and then you move over and read this one And it's just so cool that there's an actual panel here that people are so close to that they can actually see I love that The exhibit is about 13,000 square feet is quite large and there's so many highlights in this exhibition I mean we have hands on interactive exhibits where you can learn more about the Mayan calendar where you can put your birth date and see it written hieroglyphics We have a fabulous 9 ft long jaguar man This is a statue a limestone statue of a man with a jaguar mask that was used in a ritual and it was found on a cattle ranch by a rancher digging a water Well we invite people to also see uh the I MA X show that's accompanying the exhibition And that's the Mysteries of the Maya And that tells the story of an of an archaeologist who takes um a young boy who's a descendant of the Mayan people and he takes them on a tour through the ruins and the legends of ancient Maya to learn about their past It's important for people to learn about the Maya people And we hope people will leave this exhibition with an appreciation of the art and culture of the ancient Maya Understand more of the history and understand the innovations that the Maya civilization developed that are still relevant to us today I would love to go see those ruins It's definitely on my bucket list But if you're like me don't book those tickets just yet because we have got more to explore right after the break May is women's health month and we hear a unscripted celebrate fierce females while also finding helpful information

that could benefit beyond this half hour that with us jasmines now with a small business dedicated to fertility funding we really are are focused on adding accessibility to starting a family You know when somebody chooses to start a family it's no longer want to becomes indeed uh and for income or or the cost to become prohibitive That is just not the right path for us Hello I'm Mike P EKA VP of sales and marketing at Future Family Future Family is the largest now uh fertility and family building uh financing platform And the idea behind it is to add uh accessibility to fertility treatments to people across the country And we do that through partnering with fertility clinics all around the United States We're primarily loan based So we have uh low interest loans uh starting at 0% and it goes up from there depending on a person's credit profile Really excited to talk to you I've been doing a lot of research because I'm trying to make a decision whether I'm going to freeze my eggs or not And a big part of that is the price So I'm really happy that I found future family Her family was started back in 2017 by Claire Tompkins She went through her own fertility journey and she basically sat there and thought well this is really expensive Typically people will think about this and say ok I either need to dip into my savings or I'm going to put it on a credit card So the idea for us is don't use your credit card It's ok Put it on a low interest loan get a manageable monthly payment for yourself and then whenever you're ready you can pay it off So for those that don't know what is the typical price for egg freezing So the typical price including the medications that will be typically necessary to do this process is about \$18,000 The vast majority of people who work with future family are going through IVF but we help everybody from egg freezing IVF surrogacy Whatever your fertility treatment or family building treatment that you're moving forward with is we'll be able to help you with that And a lot of employers don't have this as part of their benefit package They don't yeah it's not typically covered by insurance or your employer package We just launched an employer program for employers to offer employees fertility benefits to start the journey of building a family Do you also help with your concierge service Helping someone find the right fertility clinic Absolutely Most people again going through this decision process is a tricky thing When you're getting ready to take on a financing loan through future family you'll talk with a financing specialist So we really high touch concierge service make sure we're giving you the right amount of money for you and for the journey that you're on And then once you are a part of future family we actually do match you with a fertility nurse who will guide you through that

journey as well I love that Thanks Mike Thank you so great to know all the options available to us And since I love healthy vibes you could say I was really ready for this next one The theme or the motifs that we have here are air fire and water And we're using these three elements naturally to help the body heal So they work synergistically So they amplify each other's effects or spa is it's a place that you go for healing and it could be healing from surgery which is our main intent here but also to heal from anything So the idea is to naturally boost that rather than to give you medications and supplements and things like that that you have to take Oh my God I feel like I died and and just woke up in the wrong place This is the energy bed looks like a bunch of solar panels As you see it's the reverse So it puts the energy into your bodies We combine the treatments of the light stem bed with the hyperbaric oxygen to help potentiate the effects of both the light stem bed Interestingly we've used it for people with anxiety high blood pressure trouble sleeping and they come in and do it about once a week And we see that without taking medication there are some patients that their blood pressure slowly lowers So it increases blood flow decreases inflammation decreases pain So we know it does these things You do feel like you're melting in like a really good way Like I'm surprised I'm seriously not a puddle there It was pretty awesome pretty relaxing We just want to put your body into the right direction and that's the idea here is that you come in we help you heal and help you make uh help make you feel better the better you feel the less anxiety you have during healing the better you do your body functions much much better Am I glowing And there you go from health food history Scripted has something for everyone Thank you so much for going off script with us and don't forget to keep emailing us your suggestions because you never know where we end up next Good night everyone