

LA Unscripted | April 7th, 2023

It's a city where anything can happen So what could go wrong or right As I hit up L A unscripted we live in the best city in the world and there is no shortage of things to discover and do and explore So why not do it together Hi everyone I'm Devin and welcome to my chill zone I thought we could just hang out for half an hour So pull up a bean bag because there's a lot I've got to share as self graphics We like to say that art is life It is the food that you eat It's the clothes that you wear It is our culture it is our heritage So of graphics is a cultural gem here in Boyle Heights in East East L A It's a Chicano legacy organization that has really been um a part of the story of the Chicano community locally regionally nationally And it is very much a space for uh creative community expression over the last 49 years You know people have got married at self help graphics They there's been quinceaneras there's been baby showers and it's really the kind of place that's a cultural anchor for people You know we are stewards of Day of the dead for example as a tradition here in Los Angeles but really on a national level Boy Heights is a community is one of the most densely populated in the city of Los Angeles It is a community that is mostly renters and is very much low income Latino a lot of immigrants This is a community that has been historically and systemically under resourced under supported Sister Karen Bolero a rough around the edges Franciscan nun who was an artist co founded self help graphics with Carlos Bueno Antonio Ibanez and really understood that there was a need for a creative space for the community to have space to create work to work together collaboratively So today let's start off by making a print I have the alle in scripted logo um kind of matched up with the South how graphics logo and we're gonna go ahead and and have you print this for us today So when you come into C graphics there's artists in the studio working on prints there's going to be an exhibition in the gallery space Sometimes we have our youth programs here after school program and of course always artists working on different projects OK So what is the first step in printing The first step is inking the screen Um So if you could see this this is uh a polyester screen with a stencil on it and we're gonna pour a little bit of water based ink right on it So we'll lift the screen up pull that paper off and we have this scripted printed paper Great job This is so cool unique finds I'd say that's kind of our specialty kind of like this backyard glamping experience by wonder tent parties And to be honest every show even I learned about something new and love it like this Gem from Jasmine

Simpkins Hi Thank you for letting a on's group to come to your 20th brick and mortar This is so cool Of course we've been so excited to have you I wanna check out everything Goana is truly an everyday wear collection um offered to any individual who's seeking everyday wear for solid gold pieces plating gold Um We have so many varieties of natural stones that we use genuine gemstones Um but it's everyday effortless jewelry grana um has been around as the company uh since 2004 Her and her husband started this truly from their apartment floor uh from the ground up quite literally Um And then they moved in 2007 to a studio in Laguna Beach where in 2017 um we started the first of what is now known as many brick and mortar locations Pasadena um was only natural for us to kind of start thinking about as our next area um of space to to have a location offered Um It's definitely marking a milestone for us as we expand across California and even throughout the country I love the collections that you guys have here because I feel like there's something for everyone either fine jewelry or something a little less expensive I think the other beautiful part about the brand is kind of our signature pieces being the Parker or Venice they're just kind of our everyday white tea and black tea I think the Parker allows you to really just get set up for success So whether you wanna just wear it as a true and true link or want to start building around it Um There's no wrong combination What I'm really proud to say about the Venice is what we kind of refer to our more herring bone um aesthetic chain is that it's really reclaimed what maybe is familiar from an eighties perspective but has made it really modern and fun and lightweight So you kind of just see it act as a true shimmer behind any DC We I'm really into self gifting but I love that I can come in here and buy a little something for someone else Yeah and then something for myself Even before we were able to start the brick and mortar journey we were really able to win the hearts of so many myself included um by being introduced in Nordstrom or Bloomingdale's I think what has really put us on the map are these pieces There are power gemstone bracelets whether it's for gifting to another or for self Um You can see on the back of each card it'll redo the exact meaning of that stone and the intentionality piece behind it She thought of everything she really did and she is not stopping anytime soon She keeps putting out these collections But I think continue to find um justification for myself personally to keep shopping Do you have some secret faves Well you know sharing is carrying so email us and let us know at L A unscripted at KTL A dot com Los Angeles is so spread out and you don't know much about certain areas of the city that are important Boyle Heights It

has a great long history of multiculturalism One of the first multicultural neighborhoods in Los Angeles You had African Americans Jewish Americans Mexican Americans They call it the Ellis Island over the west coast What year are we talking This is a turn of the century into the twenties But also there's a rich musical history here When we look around we're at the Paramount I've learned a lot about the paramount I keep saying if these walls could talk in 1939 the famous uh jazz musician Basie one of the architects of big band jazz played here and he crossed the color barrier African American played in South Central in the fifties Celia Cruz Tito Puente the salsa stars and the sixties Stevie Wonder the East Side Sound of East Side bands They were very popular in the mid sixties Like cannibal the head hunters What do you think it is about the space and its location in Boyle Heights Well it's right in the center Matt and now it cesar cha no other ballrooms like this And how cool to have a building that's nearly 100 years old Still standing and breathing in new energy Right Right Right Right Right And what's downstairs Brooklyn Avenue Pizza Co So how does that come into play Well the owner Dran Acevedo he wanted to open a restaurant downstairs They could dance up here and party and they go down to have some pizza chef George for you The experience I look behind I see all of this dough I see the big old oven What's the experience like being here It's very fun Actually I always treat my dough as a canvas for making it from scratch It's a four day fermentation It really dedicates to what this building used to be which was a Jewish Bakers Union and to be able to make dough from scratch and home it really represents past to the future and the present and we are just getting started We have got a lot more for you to add to your to do list Grab a drink and meet me back here Deal Sunshine all year round I'd say we have a pretty good living here in Southern California and sometimes you don't even need to leave your backyard for a good time Take a look at what wonder 10 parties did to my backyard Isn't this amazing So you don't have to travel far for this experience Wonder tempt parties will come to you We'll help you get it all set Have a great time and create a memory that lasts a lifetime First we start with our sleepovers which are indoor normally for kids sort of 15 and under outside we do what we call a lamp out which is a glamping tent big wonder dome that you'll see under the stars We also have a dining experience So the opportunity to actually dine under the stars and that's a movie night under the stars which has been so important during COVID to get back to the movies and see something on a big screen So we sit under the stars really comfy bean bag chairs popcorn and the like But after the glamp if you need to go

then check out what's happening in another part of town Welcome to Botel Cirque Du Soleil started 30 years ago Over 200 million people have come to see the shows There's the big tops which travel like a big top and they go into a lot the arenas which is what Corte is and then the resident shows the ones in Las Vegas and in Orlando Corte has been around since 2005 And since then we've had 10 million people see the show Guila Liberte who founded the company was his vision to bring circus to the world but without animals So there's no animals in our circus Ok I'm so excited I'm actually at Cirque Du Soleil Court backstage with all of these amazing props I'm going to bring in one of the actors in the show This is Sasha Hi how are you Good to see you Once you ride into the arena you're immediately transformed into the world of Corte because you see all the chandeliers hanging and then you've got the beautiful beautiful uh hand painted curtain What is it like when the curtains go up and those chandeliers are lit and the audience is clapping What does it feel like It's awesome I mean the energy that's the reason I'm still doing it What you will see is lots of high flying acts in the air lots of high energy lots of jumping flipping turning all kinds of ways of moving on stage We've got high level performers and some Olympic performers I have so much room There is no restriction for that character I can even go to the audience and with them a little bit See that's what I love about Cirque Du Soleil I'm lucky Well I think people would should come to see Corte because especially now in this crazy world that we have just finished with the pandemic to see some love Some hope to be transformed out of your normal daily lives and to see some beauty and be touched Can you show me some things that you do in the show So this is Diablo this is Taiwanese piece of juggling equipment So you supposed to throw this in the air and catch and do like this some cool stuff So we go from right to left and up and nothing with your left arm That's it Look you're getting speed What am I doing is this is this juggling that's not juggling That's it and up and down So you're getting you're getting quite a bit of speed Try to see where the JL is That's it That's it That's it Awesome Can you try to toss back to me with caution That's it Stop it right now Let's go even higher and shorter Like all the way all the way to here Look at you look at you That was that was actually good That was good Cirque Du Soleil is for all ages It's for for young ones right up until uh your grandma It's touching it's colorful it's musical and as I said earlier it just transports you and takes you into something that probably most people have never seen before So this uh gold steer wheel it's a piece of metal wheel so you spin it around you upside down Oh my God So that is incredible OK

Can I do this You can but let's just say not today You are incredible Oh my God you are so incredible People can find tickets at Microsoft Theater or at Cirque Du Soleil dot com We're running till April 30th Come and see Sasha and the rest of the crew at Cirque Du Soleil Corte I mean come on please do This is amazing Interested in fitness food arts or just plain board Well when it comes to the long list of must do in L A unscripted got you covered There's a fun new restaurant in downtown L A but it's more than just a restaurant It's more of an experience I'm taking my bike to get there Well if you go back to the essence of it motorcycles are cool and they've been cool for a very long time which is why they're in films and adverts and pop videos and motorcycle culture is a thing that a lot of people relate to even if they don't ride and it has a community and that community isn't always very well served It you know quite often motorcycle venues are spit and sawdust and you don't get a great experience And so they're not really attracted to people that think bikes are cool but don't ride So we wanted to create a space that celebrated motor culture and motor people The bike shed is a home for people that love bikes and the people that love the people that love bikes to come and meet other like minded people in a beautiful setting L A is arguably the natural cultural home for motorcycle culture You are gonna take us on quite the tour I'm very excited Where are we gonna start We're gonna start right here at the bar It's the best place to start Lovely bar No TV S and then follow me around here at lovely lounge Our sofas are all brought from London We've got a three chair tattoo studio four chair barbershop so you can come and get in get a trim hang out tell me about your back parking So literally the whole place is for bike parking So we're going to have valet for cars but I love the fact you can rock up park your bike sit here have food have a drink and just see everybody come rolling in And obviously this is Dutch and my husband and I ride in from London to Hollywood biking is just kind of cool So I think it's just relatable It stands for something and and we just want to be the natural home of that and also we want to preserve motorcycle culture for the future There is so much more to bookmark So stick around going off script in Los Angeles We really try to find something for everyone and I got to say you may be surprised to know about this My late mother was known to enjoy a martini at 5 p.m. sharp This ritual was so well known among family and friends they would ask if they could stop by at five o'clock She understood the code and would have nibbles and a martini waiting for them at her home in Studio City Her martini glass collection has been in stored for the last five years I recently made an arrangement with the

operators of the Ramp Restaurant in Burbank to display half of her collection About 75 examples on the wall in their pub I'm Bob Paris and I'm about to reveal my mother's Martini glass collection at the Ramp restaurant and bar in Burbank California Well Bob has been one of our customers for for uh many years So he came up with the idea of asking us if he can uh place the uh the glasses inside the bar and I think he they look beautiful My mom enjoyed this one I think she was hoping her grandson would like it This is the kind of place she would love It has a great ambience a great crowd of people but it's a restaurant and the most important thing is the food which is superb The uh ramp is uh uh Italian and American food You know I have a lot of comments from people the new new customers that they come in and they say well we thought it was just uh a bar and then they come in and then they see the dining room the the restaurant they have uh lunch or dinner and they say wow do you drink the California Department of Public Health is actually part of the state They regulate and help us to make sure that everything around us is healthier The CD Ph actually gives us the guidelines on how to protect ourselves against obesity hypertension lead and other things are important to our health and our community There's a lot of things that we cannot control but health care that's something that if we have it we can actually be with our families we can work better We can actually be present in our society and that's what we want to accomplish Alam is a beautiful fair Kova Health Center We serve over 400,000 patients here in between L A County and Orange County We devote ourselves to make sure that we give high quality of care for underserved communities Right now we have uh primary care uh services mental health dentistry and also pay services where we give the best things that we have for our community COVID-19 is still with us So the good news is that we do have a lot of things that we can do against it That includes you know the the vaccines that actually had make a difference in our community for our Children and also our adults and also the treatments that we have that we didn't have in 2020 They can make a huge difference against going to the hospital and also mortality if you're positive you can actually get some antivirals You need to talk to your doctor The idea of the medication is actually to reduce hospitalizations and mortality A lot of people actually asked me you know how many boosters do I need The most important thing that I need to remind them is that if you haven't had your B balance that's actually the reinforced uh vaccine that we have you need to have And it's very important to reinforce our natural immunity eat well during our exercise making sure that our mental health is

ok That things actually help our immunity boost Not only will we to fight COVID-19 but also other men health stuff cancer diabetes hypertension then that's a good way to go It's very important to remember that even though that we we are vaccinated and we already have had this you can still have COVID-19 you can actually get treatment this will actually reduce the amount of days that you're sick and most important complications and hospitalization rates go down That's why it's so important to make sure that you talk with your doctor in order to know which medication is good for you These COVID treatments are they free How much do they cost for the people right now here in California they are still free That's why it's so important that you can actually go to the website COVID-19 dot C A dot com and you can actually go with your zip code and see what options you have around your area We hope you had as much fun as I did Going off script and rediscovering our incredible city and his wonder t parties has shown us sometimes the most memorable moments can happen right in your own backyard So for now I'm going to stay in my tent but I can't wait to hang out again next time