

## LA Unscripted | August 10th, 2023

It's a city where anything can happen So what could go wrong or Right as I hit up L A unscripted local finds and must do Hi everyone I'm Devin And this is what L A unscripted is all about Consider us your tour guide to the best things to do and see around town Today we're in old town Pasadena at both Chaos and a beta concept and lifestyle salon because who doesn't need a little primp and pampering right about now And because all of you are our VIP S when you book at Bo Chaos and tell them we sent you all unscripted will get 20% off the service of their choice Sweet See why you need to hang with us every night Oh and here's something else fab to try The bourbon room literally is a is a is a Joe's pub in New York City and the whiskey had a baby That's the bourbon room be room is located in the New Hollywood Vinyl District And our idea is really we wanna be that next music venue here in L A The room is the name of the bar in in Rock of Ages The musical I'm one of the original producers of Rock of Ages on Broadway Rock of Ages 30th longest running Broadway musical of all time we opened ran on Broadway for six years And the idea was just how do we bring Rock of Ages back to L A So in December of 19 we opened the Bourbon Room we put together an incredible cast So Frankie Grande was the cast and Nick Cordero was in the cast successful Broadway actor an incredible Broadway actor But he moved to L A really because there was opportunity here and the pandemic hit And unfortunately you know Nick was one of the early cases of COVID obviously got really sick and passed away But in our eyes you know we keep everything going We keep Nick's memory alive by keeping Nick's picture above the bar and the back bar What we try to do here is pay tribute to the Sunset strip in the eighties right Of the marquee You walk in you're like where am I right You come in you come up these stairs you see the rock and roll pictures the gold records but you don't realize what you're walking into And it's really fun to watch people as they come in and see how beautiful the space is because you don't need a ticket to the show just to come up to the bourbon room Ok I'm here with Chef Frankie OK What would you say is the most popular item on the menu I would probably say it's between our bourbon burger and our fried chicken sandwich Ok So the whole idea was we needed we wanted great food We didn't want just like normal bar food Frankie If I had nothing else you already won my heart You can have dinner here You can have drinks Right Drop it right now Anything flaming I'm a fan of can I have it now You can definitely have it now It out

first though Don't put your nose on fire don't or do put your nose on fire whatever you want Ok I prefer to be dead to be memorable I made a wish and then if you have a ticket to the show we take you through and into our venue where you can also eat and drink while watching your favorite performers Oh my God this is so cool Yeah so welcome to our show room We're watching a live rehearsal So Netflix is a joke Just had 13 shows here We have every major cover band in the world is playing our venue I'm actually just starting my second drink and I happened to notice something very interesting Look what I just noticed What are these Those are our microphones man actually install the system so that the bartenders whether they're feeling fun and frisky that night they can actually take the mics pull people up on top of the bar get them to sing The bartenders We let people do it too Summer loving summer love It happened so fast We're two blocks from the pantages We literally have the Hollywood sign right outside our door for any of our shows Everyone's welcome We we it's fine to have kids here Anybody can come up here and feel comfortable have a drink have a great meal and then see an incredible show with some of your favorite artists No wonder Randy Newman wrote I Love L A and now yet another reason to sing its praise All right Eric what is your favorite way to go off script in Southern California Wow there's so many things to do in Southern California But if this was 10 years ago the way I went off script was really with my kids started over 50 years ago Uh this gentleman by the name of Malcolm Bricklin came here and brought this little car called the 3 60 that's what started Subaru and Subaru has evolved into this car company that is more than just this little niche vehicle Uh We have a whole line of suvs and we are an adventure company and people who purchase this vehicle fall in love with the vehicle and it is part of their family People wouldn't normally think of Subaru as a Southern California vehicle But again we're an adventurous car We like the outdoor type and the outdoor type love us so they can be surfing in the morning they can be skateboarding in the afternoon and then they can go snowboarding in the evening and our Subaru is gonna get them to all three places A love promise is really about the retailers getting involved and selling cars not because it makes them money because it's the right thing to do to take care of their communities And if they make money then they can give back to the communities that they live in So that's where love promise started And the five pillars really hits on each of the categories that we like to support So the first being Earth uh the second being schools education the third being we call it loves to help It kind of fits a lot of different things Uh

Then there's loves pets sub group owners love their pets Uh And then it's loves to care and which is really about uh homeless or um feeding America and things of that nature is this She is gorgeous This is it I love the color But what is the wilderness So wilderness is something that we put on our vehicles to make it a little bit more off road And we put it on three of our cars This one is the forester it's also on the Outback and now we put it on our little one which is the cross track And what it does is it raises the vehicle up a little bit of gives you some off road Tires it gives you some really fancy interiors to make it a little bit more rugged What makes a Subaru a Subaru people know that they can take this vehicle off road and do their crazy adventurous things and still be safe in it And it's also a vehicle that lasts for a very long time As a matter of fact over 90% of our vehicles are still on the road over the last 10 years So there aren't too many car companies that have that kind of record That is amazing You gave me another little fun percentage about the pets Tell me about the Subaru pet So Subaru owners love their pets and the last one that I saw was 2.5 pets per Subaru owner Now I don't know how you get a half a pet but I'm thinking that's an average I love that I love that because it's very much me So all of the Subarus are Bluetooth enabled You can plug in your phone We have Apple Carplay we have Android Auto It will all come up on this screen so you can control you know your radio your maps and everything right through your phone as well Subaru has won just about every safety awards and accolades that there are and that's actually one of the things that we tout the most about Subaru besides being adventurous we are one of the safest cars out there So when they get in it They're gonna have fun but we're also going to keep them and their family very safe OK Any ideas where we should go off script send the suggestions because you never know where we could pop up next led from both chaos salon and pass it will be right back How do you like my hair They just did it for the show Nice Right You know that feeling you get when you know it's going to be a good hair day That's us Welcome back to unscripted I'm Devin and our lau team works hard around the clock to check out all of the local hot spots and find hidden Gems Top job here in Pasadena Boon has been helping So how be beautiful for years plus is part of KT a glam squad for our Red Carpet shows And now another unscripted favorite summer is in full swing So you know I had to bring in my bestie and sponsors M Cohen to give us all the summer essentials I see So good to see you Olivia I love summer BNU has created an anti aging skin care set that helps reduce fine lines and wrinkles while leaving your skin feeling rejuvenated and radiant

This summer this product is tested by dermatologists and is free of Parabens chemicals and natural fragrances and artificial colors So you want to guess what the secret ingredient is Um I'm gonna yes honey You're absolutely right Raw honey and bee venom I'm gonna put it on my hands right here Oh That is creamy and soft You can find all of this incredible product at B and U dot com I got stung by B and U and I liked it Oh Wow If you like that Olivia you are going to love the next one So many people struggle with bloating and weight gain That's why Col and Broom created a high fiber supplement that is non GMO sugar free and only has 20 calories per serving This powder creates a delicious and natural tasting strawberry shake that makes it easy to drink This delicious shake is a miracle worker for relieving your gut Mm That's so good It tastes like a like a strawberry smoothie Find it at Walmart Amazon or at Colin bloom dot com And for the next 48 hours use code L A 15 on their website to say 15 off your purchase and God health is so trendy right now and so important Olivia Period Funny you mentioned Have you heard of the period company This is it I wish I had this when I was younger This underwear has four layers of absorbent material and this is so important for parents that have kids that are going back to school It keeps the embarrassment out of their life No need to use tampons or pads They have zero P f a s taxing free and they're comfortable and stretchy fabric is made from 100% organic cotton It's a great product great company and you can find them at Period dot co Have you heard of We are me Cosmetics No but I love makeup We are me Cosmetics created It can't stop me now Scott Foundation to instantly make your hair look thicker and fuller Oh so it's not make up for your face It's makeup for your hairline So if you have like thinning or uneven hairline will help their products are dermatologist tested and waterproof The skull foundation also covers grace with just a few brush strokes so that you can save money by extending time between salon visits to enjoy a boost of confidence from thicker looking hair visit micos metics dot com All right My last product are you ready for I'm ready is the definition of summer essential SPF It was created by a mom whose little one was suffered from eczema and it's good for sensitive skin A lot of people you know break out when they put SPF on themselves So this is great with over 20 years of experience as an aesthetician She created a high performance sunscreen that feels like a treat for your body And guess what It gets even better come with a little brush You know why This is great because your hands always get so greasy when you put sunscreen on That's right And I also love that It's sheer it's lightweight and it's spray with enriched vitamin E and it tones it hydrates

your skin Best of all it's skin tested and mom approved and you can find this product at [SPF dot com SA](http://SPFdotcom.com) you knocked it out of the park with your summer essentials I feel like we should hit the beach That's right Let's go And we're not done yet But before we come back our sponsors want you to know about this Angelinos love to stay active But in the summer months that can be especially hard Good thing Body armor flash IV is here to help We know when we have those increased fluid losses during a workout our athletic performance diminishes it's impaired We just can't work to our potential So when someone tries the body armor flash IV whether it's during their workout or starting a little bit before and then finishing up towards the end of the workout their body is getting the electrolytes They need to really power through those workouts and maintain a healthy fluid balance During that training session body armor is one of my favorite ways to help me through my workouts as a runner myself in hot weather but definitely what I recommend to my clients as well They offer the best in sports hydration have a long line of products that can help you get the most out of your workout What kind of tips and tricks would you recommend to people who still want to get out there and work out this summer Well first and foremost stay hydrated You know we have increased fluid loss through our sweat in these hot temps So hydration is a priority from morning till night And one of my favorite ways to stay hydrated is with body armor Like I mentioned they offer the best in sports hydration and they just came out with their newest product It's a rapid hydration beverage and this one is called body armor flat IB which offers the ability to refuel replenish and recover And here's why it's got more electrolytes than the competition Plus you get that superior hydration and functionality with the added zinc and vitamin B and C and that's going to help support a healthy immune system too So it's a great choice for hydration and to get a little extra for that immune support There are so many beautiful colors in front of you Tell me about the kinds of flavors you have My favorite is the strawberry kiwi but there's also tropical punch cucumber lime and grapes Where can they find them Well head over to Ralph's You can pick it up in the store or you can go to [Ralph's dot com](http://Ralph'sdotcom) Place your order for a convenient pickup at the store or for delivery to your home I think you can really feel that difference when you're working out and you're hydrating right there is so much to do in Los Angeles and we want to do it all with you do you trust me Of course you do So go check this out if you've never been to Moonlight Roller Way What are you waiting for We've been here since 1956 Where have you been We want you to walk in those

doors and feel like you're nine years old again and leave all that adulting crap Leave that behind Just come in and have a good time The decor the carpet the owner likes to keep it with that fifties look which to everybody It feels like the look of the decade that they grew up in To me it has that seventies look because that was the decade I went roller skating to you It may have that eighties look because that's the decade you grew up in We have been here since the building was back in the early 19 hundreds and it was used as a warehouse to make airplane parts for the Great War because Glendale was the main airport for the wars 1956 Uh it became Harry's roller rink at that time there was a moonlight roller way in Pasadena And then in the early seventies the Neske family took over and they named it Moonlight Roller way too So we had Pasadena and Glendale in the late seventies Pasadena closed and Moonlight roller away has been the one in Glendale ever since So probably the last time I went roller skating it was probably in the eighties I was probably in sixth grade with braces probably a really bad perm and like bangs that were like that And the big deal was like hoping you got to couple skate Do you remember the couple skate So moonlight rollaway is the roller rink of the stars It would be impossible for me to name them all throughout all of the years But most recently we did a special performance by Lizzo with the Can Cancel Pride Event We have done Euphoria We've done straight out of Compton TV shows Goldberg's modern family We do private parties for people all the time whether it's a child's birthday party and adult birthday party We've done bachelorette parties We've done weddings here We do classes every Saturday for kids We also do the same thing for adults every Tuesday evening We also do private lessons all the time We're going to go over safety first So the first position I'm going to teach you Dana is when we put our skates together side by side you're going to put your hands out in front Strong this is safety position So if anything goes awkward out there we're going to go and we're going to go 123 roll Stay strong with the body There 23 roll We're going to do a spin So what we're gonna do is we're going to have strong arms they're going to travel across our box There we go Good job You go back Yes Yes I have to say you are such a great teacher I have learned so much in such a short amount of time that Roller Girl is ready to show you what she's learned Roller Girl is ready for the podium And now let's check in with another unscripted summer months in L A can be especially hot Good thing Body armor is here to keep you hydrated when it's hot We need to regulate our internal temperature So your blood vessels dilate your breathing rate Maybe your heart rate increases and we sweat So when

we sweat that lowers our body's internal temperature but that's where hydration really comes into play today What I'm talking about is good for you and your wallet is this body armor sport water Now I'm a huge fan of body armor as a brand because as a runner and a personal trainer they offer the best in sports hydration but I love the body armor sport water for a couple of reasons One I think it tastes amazing The bottles are convenient for on the go but it's an alkaline water that has a ph of nine plus and it's packed with electrolytes which what we need when we're being you know sweating and outside in the heat it also comes in a variety of sizes So if you want to stock up there's a six pack the one liter I've got the 1.5 when I really need a lot of hydration and there's a sport caps too So head to Ralph's it's also on sale now So we want to keep that sort of a financial fitness in mind too So you can get it at Ralph's delivered You can do their easy convenient options But this is my go to for hydration I never leave the house without it What tips would you have for people to remember to drink your water That's why I love having a bottle because if you take this 1.5 liter bottle in the body armor sport water with you you're gonna see how it goes down during the day And if it's you know five o'clock and you're only right there you know you've got a little ground to make up you can also set alerts on your phone just kind of like you might have those walking alerts to move to make sure you're getting that in and even take a marker make some marks that where you want to be as the day goes on But also it tastes good You're more likely to use it and drink it So that's the key right Having a convenient tastes great and then reminding yourself and what types of foods are more hydrating than others So hydration you know water is kind of the most direct and efficient way for our body But many foods also contain a significant amount of water and lots of them are going to be those fruits and vegetables that we all need to eat more of and they can contribute to your overall fluid intake So cucumbers really high water watermelon Obviously the name celery If you picked oranges you're going to get electrolytes too Strawberries are about 91% water The perfect water for Southern Californians because it's alkaline it tastes great It's got electrolytes and it's perfect for on the go and I know you guys are always on the move Ok Well that's it for today Bo Salon Thank you so much for letting us go off script and remember book now for 20% off We are getting so many calls I'm actually working the phone for chaos Could you please hold Oh my God what will we have for you tomorrow You gotta come back and see So chaos Could you please hold